

between mother and child

course registration

To enrol or for confidential information:

Auckland Phone 09-360 4933

Manukau Phone 09-279 8727

Email icwg@xtra.co.nz

www.innercitywomensgroup.org.nz

course details



preventing violence against women



Inner City Women's Group

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between mother and child

parenting in the context of
domestic violence

Greetings • Kia ora • Bula vinaka
Talofa lava • Malo e lelei • Kia orana



te araitanga tukino whare tangata

About Inner City Women's Group

Our women facilitators are qualified, trained and experienced in working with issues that affect women's lives.

Our aims are to:

- support and empower women
- break cycles of abuse
- provide prevention and education services through group programmes.

Inner City Women's Group was established in 1988 to support women experiencing family violence, initially running Breaking the Cycle. Since then we have responded to women's requests and now provide a wider range of programmes and support services.

Group Programmes

- Breaking the Cycle
- Irate Women and Anger
- Between Mother and Child
- Reclaiming Myself

Inner City Women's Group works across the Auckland region including Auckland, Manukau and Waitakere cities. Our courses have been approved by the Ministry of Justice and Child, Youth & Family. We are a member of the National Network of Stopping Violence Services, the Auckland Coalition for the Safety of Women & Children, SAFTINET, SAFVPN, MECOSS, FVIP and WAVES.

*Freedom from abuse
and violence*

Purpose of the Programme

Becoming a mother is one of the most challenging jobs anyone can have. We are expected to be experts in dealing with the inevitable problems that come up in all mother and child relationships and do it without any training. Being a mother when you are experiencing domestic violence makes that job even more challenging.

The purpose of this course is to bring understanding to what is happening between you and your child and to learn new ways of functioning as a mother. You will learn skills to establish and maintain a warm and effective relationship with your child.

Programme Content

Topics covered in the course include:

- What is a good enough mother?
- Past to present – what you learnt about parenting
- Effects of domestic violence on children and on you as a mother
- What is good discipline?
- How to support children who have witnessed domestic violence
- Anger!
- Everyday essentials
- Moving forward – where to from here?

The Outcomes

You will feel more confident and successful as a parent which will bring about a more enjoyable relationship with your child.

Who Attends

- Mothers of children of all age groups.
- Mothers who have had abusive partners.
- Women are welcome from all walks of life, ages, cultures and backgrounds.
- Women who have attended other Inner City Women's Group courses.
- Women who want to discover more about parenting.

Between Mother and Child

Duration	Eight weeks
Times	Evening and daytime courses available
Numbers	Maximum of 16 women
Venue	Details on application
Cost by donation	\$80 waged women \$40 unwaged women
We recognise women have differing financial circumstances so if necessary, donate according to your means.	

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